

SPIRITUAL TRAVEL GUIDE

Ubud, Bali



Hello.

I love Ubud, Bali. It has many good vibes which you can immerse into. You can see this travel guide as my personal recommendations. It includes all highlights of what I tried and liked in the Ubud area. I also list some secret spots and tips on what I suggest you to try at specific locations.

This guide is called spiritual travel guide because I just list places where I liked the energy, so you won't end up at any tourist traps.

I hope the guide helps you that you can have the best time in Ubud.

Love,

Marie

Certified Akashic records reader
www.featherly.be





YOGA BARN



NEW EARTH SCHOOL

Yoga

YOGA BARN

The Yoga Barn is located in the heart of Ubud. The retreat is in a calm area, offering different yoga classes, meditation, lectures, wellness, detox, accommodation, restaurant, teacher training, ecstatic dance, kirtan and much more.

WEBSITE

www.theyogabarn.com

CONTACT

+62361 971 236

info@theyogabarn.com

GOOGLE MAPS

<https://goo.gl/maps/1MdQ298xq5E2>

Cooking School

NEW EARTH SCHOOL

The New Earth school is a holistic health center where they offer plant-based cooking classes, meditation, energy healing and breathwork. They have an impressive perma culture tropical garden as well.

WEBSITE

www.newearthcooking.com

CONTACT

hello@newearthcooking.com

GOOGLE MAPS

<https://goo.gl/maps/NKgecPQgkQJ2>



ZEST



Vegan Restaurants

ZEST

Zest is my favorite restaurant in Ubud. It offers a variety of vegan and gluten-free dishes. They use mostly regionally grown fruits and vegetables.

WEBSITE

www.zestubud.com

CONTACT

+6282340065048
hello@zestubud.com

GOOGLE MAPS

<https://goo.gl/maps/qaJbfxhdB3q>



EARTH CAFE

Earth Cafe offers a wide range of plant-based and also traditional Balinese dishes.

WEBSITE

<https://www.earthcafebali.com/locations/#ubud>

CONTACT

+62 (0) 361 976546
info@earthcafeubud.com

GOOGLE MAPS

<https://goo.gl/maps/9VUtFcHEChw>

ALCHEMY

Alchemy offers many healthy vegan dishes and also has regular movie nights showing inspiring films.

WEBSITE

<https://alchemy-vegan-restaurant.business.site>

CONTACT

+62 361 974911

GOOGLE MAPS

<https://goo.gl/maps/2rND8fxTM1r>

Vegan Restaurants

YOGA BARN GARDEN KAFE

Set overlooking the lush grounds of The Yoga Barn, the Garden Kafe serves fresh and wholesome foods.

WEBSITE

<https://www.theyogabarn.com/healingfoods>

CONTACT

kafe@balispirit.com

GOOGLE MAPS

<https://goo.gl/maps/fSMcX1pk7912>

SAYURI HEALING FOOD

Sayuri has definitely the best raw vegan desserts in Ubud.

CONTACT

+62 822 40485154

info@sayurihealingfood.com

GOOGLE MAPS

<https://goo.gl/maps/z34xEv1ixCA2>

TIP

Try their vegan
Papaya Salmon
Toast



Sauna

DRAGONFLY HERBAL STEAM SAUNA

Dragonfly Herbal Steam Sauna uses natural herbs with a portion of natural scrub for your body.

WEBSITE

<http://www.dragonfly-village.com/facilities>

CONTACT

home@dragonfly-village.com

GOOGLE MAPS

<https://goo.gl/maps/tJ2MZFx2HUF2>

Floating

UBUD FLOAT GARDEN

Floating means lying in a float tank that contains a highly concentrated salt solution which creates the opportunity for you to float effortlessly like in the Dead Sea.

WEBSITE

<https://ubudfloatgarden.com>

CONTACT

+6281933035318

GOOGLE MAPS

<https://goo.gl/maps/ANn2A2zLWPU2>



Sound Healing

PYRAMIDS OF CHI

Experience the power of gongs, crystal bowls, drums, didgeridoos, Tibetan singing bowls and voice inside two pyramids built to 1/16th and 1/18th scale to the Great Pyramid of Giza.

WEBSITE

<https://www.pyramidsofchi.com>

CONTACT

+62 361 9000 717

GOOGLE MAPS

<https://goo.gl/maps/DnsMwbNm4r>



TIP

Lay down right
behind one of
the big gongs



PYRAMIDS OF CHI

Hot Springs

NATURAL HOT SPRINGS PENATAHAN 2/AIR PANAS

The natural hot springs are located on the banks of the river and offer private chambers for full relaxation.

WEBSITE

<https://air-panas-penatahan-tabanan.business.site>

CONTACT

+62 823-4116-4757

GOOGLE MAPS

<https://goo.gl/maps/EZRazxMRKRG2>



Cinemas

PARADISO

Paradiso hosts quality film screenings alongside a range of other cultural activities.

WEBSITE

<https://www.paradisobud.com>

CONTACT

+62 (0) 857 3761 4050

info@paradisobud.com

GOOGLE MAPS

<https://goo.gl/maps/xCAsg4NxVt>

ALCHEMY

Alchemy offers different movie nights on a regular basis. Check out their programme in their restaurant.

WEBSITE

<https://alchemy-vegan-restaurant.business.site>

CONTACT

+62 361 974911

GOOGLE MAPS

<https://goo.gl/maps/2rND8fxTM1r>



Chocolate

POD CHOCOLATE FACTORY

This factory site is rather small but still interesting to see how chocolate is being produced from bean to bar.

WEBSITE

<https://www.podchocolate.com>

CONTACT

sales@podchocolate.com

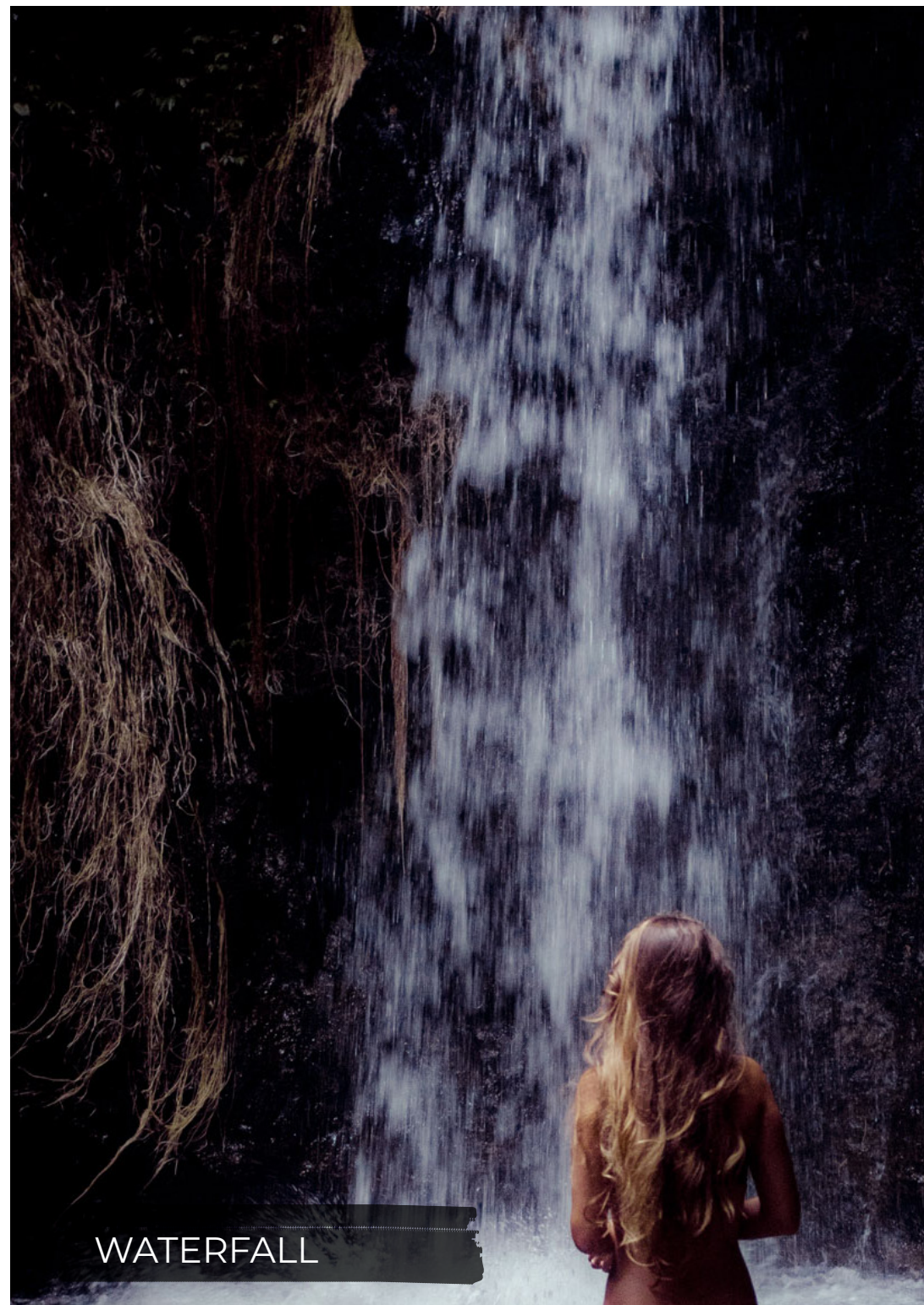
GOOGLE MAPS

<https://goo.gl/maps/d9NWSzAn1Vm>





GARDEN AT WATERFALL



WATERFALL



Waterfall

HIDDEN WATERFALL TANGKUP

I discovered this hidden waterfall by accident. There were no people at all and I could have a nice swim. A Balinese family operates a nice little herbal garden close by.

GOOGLE MAPS

<https://goo.gl/maps/AEDj3QVgk2q>

School Tour

GREEN SCHOOL BALI

Green School is a private school with a big difference. The Green Campus features an ecologically-sustainable design – all structures are made up of locally grown, treated and manufactured bamboo.

WEBSITE

<https://www.greenschool.org>

CONTACT

tours@greenschool.org

GOOGLE MAPS

<https://goo.gl/maps/WKQJKWDnXv82>

TIP
Book the
Campus
Guided Tour





DOOR TO PALMLEAF READING



AURA CLEANING AFTER READING

Palmleaf Reading

PALM LEAF READING

In a palm leaf reading you will find answers to your important questions and future predictions about your life. The information on the palm leaves was written more than 5,000 years ago.

WEBSITE

<http://bali-indo-adventure.com/bali-adventure-tours>

CONTACT

info@bali-indo-adventure.com

GOOGLE MAPS

Call them for any details. It is the private house of the Brahman.

Full Moon Party

VILLA AKASHA

The Full Moon Party starts with a Cacao-ceremony and connecting to the community, followed by Ecstatic Dance and finishing with a sound meditation. Be aware that the party is free of drugs, alcohol and cigarettes.

WEBSITE

<https://ubudparty.com/supermoon-conscious-party>

CONTACT

+62 813-3888-5397

GOOGLE MAPS

<https://goo.gl/maps/RPxCDJ2ckbA2>



TIP

Book the aura cleaning after your reading

A woman with long brown hair, wearing a white, flowing dress, stands barefoot on a rocky stream bed. She is holding a glowing lantern in her right hand, looking towards the right. The stream flows through a dense, lush forest with moss-covered rocks and thick foliage. The scene is lit with soft, natural light, creating a serene and magical atmosphere.

ARE YOU LOOKING FOR YOUR

Purpose in Life?

Akashic Records Readings

Find out more about your ...

PURPOSE IN LIFE

Become aware of your soul's purpose in your life.



SKILLS

Discover and reintegrate all of your soul's skills.

HIGHER SELF

Connect and communicate with your higher self.



PAST LIVES

Get access to all lessons your soul has ever learned.

ABILITY TO HEAL

Heal wounds from this life as well as past lives.



INFINITE LOVE

Learn to feel unconditional love and trust.

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CODE:
featherlybali10

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www.featherly.be

I am a certified Akashic records reader.
Marie Richtsfeld, contact@featherly.be